

# OSOYOOS INDIAN BAND COMMUNITY NEWSLETTER



SEPTEMBER 2023



GO PAPERLESS AND RECEIVE THE NEWSLETTER BY EMAIL.  
EMAIL: [RZUBECK@OIB.CA](mailto:RZUBECK@OIB.CA)

# BIRTHDAYS

Matthew Baptiste

Anna May Tanner

Moses Louie

Marlene Alex

Harry Gallagher

Maxine Baptiste

Scott Sanders

Tony Baptiste

Richard Louie

Charlene Baptiste

Muriel Tanner

Verna Louie

Yvonne Weinert

Casey Kidd

Henry Baptiste

Michael Gallagher

Sarah Emma Louie

Alanea Holmstrom

Leona Baptiste

Margaret Deneault

Kenneth Allen

Cheyenne Louie

Watson Gallagher

Kyle Baptiste

Ryan Weinert

Cassandra Falkus

Brock Matutat

David Alex

Steven Gallagher

Antonio Pulido

Branden Louie

Connor Baptiste

Jaycee Alex

Kaiya Douglas

Raven Tomma

Kali Gabriel-Baptiste

Noah Bower

Tyrel Alex

Kimberley Casimer

Phoenix Baptiste

Cynthia Casimer

John Hall

Clayton Joel Gabriel

Ace Tyrone Paul

Jay Terry Paul

Brianne Louie

Chloe Baptiste

Lilia Martinez

Lindsey George

Desirai Weinert

Corey Sutherland

Saith Spence

Zain Bolenback

Rowan-Rain Mutambudzi

Nylah Matutat

Venessa Baptiste

Skylar Casimer

Ashley Hicks

Hayden Kruger

Emmy Sanders

Jason Singer

Jaxon Singer

Jayleigh Clarke

Zayne Rapp

Bryanna Hughes

Nkwenulaxw Hall

Car'mncut Clark





# BAND MEETING NOTICE

Please be advised that the next **MONTHLY BAND MEETING** will be  
**5pm Wednesday Sept 20<sup>th</sup>, 2023**  
**NK'MIP COMMUNITY HALL.**

Dinner will be provided at 5:00PM.

## **Agenda:**

Topics you want discussed at the  
Band meeting, please contact

Sammy Louie at

250-498-3444 Ext 3020 or email:

[SLouie@oib.ca](mailto:SLouie@oib.ca) and she will make up  
an agenda.

Sincerely,

Chief Clarence Louie

**All band members are encouraged to attend to voice your  
concerns and opinions.**

Thank you  
To Our Beloved Community, Family and Friends

The Gallagher Family wanted to take a moment to express our heartfelt gratitude for your presence and support during this challenging time. Your love, prayers, and acts of kindness have been a source of immense comfort for our family.



# REZ LAND

On September 5 Elder Jane Stelkia took Oib Chief and Council on our Rez land to share and talk about some important Oib land use history.



The old irrigation system from the 1930's, That watered the flats south of the cemetery. Back in "the day" Many band members worked hard to water their crops



**SAVE THE DATE!**



# SALMON FEAST

The Salmon Feast is a three-day event that involves multiple activities including: traditional performances and ceremonies, a canoe paddle, and on the final day (Sunday) a salmon feast and ceremony for *snx̓ä?iwləm* (to honour the sacredness of the river).

**September 15-17, 2023**

**sx̓wəx̓w nitkw Provincial Park  
Okanagan Falls, BC**

Thank you to our sponsors:



**For more info:**

Summer De Guevara, Event Planner  
events@syilx.org  
250-707-0095 ext. 127

## ENTRY FEE

**\$100 PER TEAM  
3-5 PLAYERS PER  
TEAM**

## ACTIVITIES

### SEPT 15: STICK GAME TOURNAMENT

#### Tournament Schedule

5:00 pm Dinner | 6:00 pm Tournament Begins

**Prizes: 1st \$1000 | 2nd \$600 | 3rd \$400**

### SEPT 16: CANOE PADDLE

The Canoe Paddle will begin Saturday morning at 10 am.

### SEPT 17: SALMON FEAST & CEREMONY

The Salmon Feast and ceremony for *snx̓ä?iwləm* (to honour the sacredness of the river) will begin at 11 am.



# OKANAGAN TRAINING AND DEVELOPMENT COUNCIL (O.T.D.C.)

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101 – 1865 Dilworth Drive, Suite #339, Kelowna, BC V1Y 9T1

Cell: (250) 212 2999 (Karen) or (250) 550 6701 (Debbie)

Fax: (250) 707 8736 (Karen) or (250) 549 7175 (Debbie)

Email: karen@otdc.org (Karen) or otdc@telus.net (Debbie)

## Okanagan Training & Development Council Executive Assistant Job Posting

(The OTDC Service Area to include Vernon, Kelowna, Penticton, Keremeos, Hedley, Osoyoos & the West Kootenay areas)

**Position Title:** Executive Assistant

**Employment Status:** Full-Time 35 hours per week

**OTDC Purpose:** Okanagan Training and Development Council's mandate is to encourage *self-sufficiency* for Indigenous individuals by addressing local and regional *labour market* and *community needs* and priorities through the delivery of *employment, training, programs, and services*. ([www.otdc.org](http://www.otdc.org)).

### POSITION SUMMARY:

The Executive Assistant is responsible for a wide variety of administrative duties in support of the OTDC Manager, OTDC Administrator and other senior management members. Duties include but are not limited to reception, arranging travel plans, meeting minute-taking and distribution, scheduling appointments and drafting both internal and external correspondence. The Executive Assistant is also required to maintain confidentiality and professionally interact with employees, management, and the public. Other duties shall be assigned as necessary. Travel is required.

### Financial/Administrative Support to OTDC

- Provide direct administrative and office management support to all members of the executive team, as directed.
- Maintain work schedules and calendars of executive management, particularly the OTDC Manager and OTDC Administrator.
- Prepare travel schedules, book travel arrangements, and make reservations for senior management and executive staff.
- Review all documents, reports, and correspondence prepared for executive signatures for format, content, grammar, spelling and make edits as necessary.
- Receive and screen all inbound telephone calls, e-mails, and visitors for the executive office.
- Refer and/or redirect calls, e-mails, or visitors as required.
- Troubleshoot and/or escalate office administration issues.
- Receive incoming mail.

## **General File Administration & Maintenance**

- Prepare draft reports, background documentation, and research.
- Coordinate office activities including invoicing and administration process, monitoring inventory of office supplies, and purchasing new material.
  - Facilitate communication from department managers, Educational Assistant, OTDC Board of Directors and other OTDC stakeholders.
- Complete expense reports, pay invoices, and other related duties.
- Prepare and review presentations.
- Present a positive and professional image of the executive office to all visitors, suppliers, inquiries, and other persons.
- Other duties shall be assigned as required.

## **Marketing & Public Relations**

- Markets the OTDC training and development as requested by Manager.

## **OTHER EMPLOYMENT REQUIREMENTS:**

- Post Secondary Diploma in Business Administration, or relevant discipline, required.
- Secondary School Diploma (asset).
- 3-5 years if experience in an administrative role preferred.
- Experience working with and/or in First Nation community.
- Proficient with Microsoft Office Suite (Outlook, Word, Excel, Power Point).
- Resourceful and flexible, self-starter and independent in practices that works Monday to Friday with some evenings and weekends.
- Strong organizational and time management skills with attention to detail and accuracy.
- Strong communication skills, both written and verbal.
- Ability to function in a fast-paced, deadline driven environment with multiple competing priorities.
- Hybrid work model with understanding until the general work location is established.
- Have a valid Class 5 BC Driver's license, reliable transportation, and ability to travel between employment offices and/or within the OTDC Service Area, as required.
- Ability to pass a criminal record check.

## **PERFORMANCE CRITERIA:**

Completed tasks relative to any, or all, of the above duties and responsibilities, measured in terms of:

Production of outputs (Quantity, Quality, and Timeliness)

- Knowledge of the Job
- Work Attitude
- Interpersonal Working relationships



*Since we are Indigenous non-profit, preference may be given to qualified applicants of Indigenous ancestry. Please note that only candidates selected for interviews will be contacted and we may begin interviewing prior to the posting close date as we hope to fill this position as soon as possible.*

Thank you for your interest in the Okanagan Training & Development Council.

If this role sounds interesting to you, we invite you to apply by emailing your resume and cover letter and any letters of reference to **karen@otdc.org** on or **before September 30<sup>th</sup>, 2023**.

*Note: Please include **OTDC Exec Assistant** in the **Subject** line.*

Or submit fax your application to 250 707-8736 any with letters of reference.

Please refer to our website at [www.otdc.org](http://www.otdc.org) for more information on OTDC and our structure and programs & services.

# PLAY PROGRAM PARTICIPANT REGISTRATION FORM



## ABOUT RIGHT TO PLAY'S PLAY PROGRAM

The Promoting Life-skills in Aboriginal Youth (PLAY) Program uses play to build essential life skills and promote health and well-being among children and youth. The Community Mentor is an employee of the community's Band or urban organization and has chosen to deliver the PLAY program with the support of Right To Play from **September 6, 2023 to August 31, 2024**.

## PROGRAM POLICIES

The following policies apply to the PLAY program

- The Community Mentor and Right To Play staff are obligated to report any suspected abuse.
- Right To Play and my community's PLAY program have a zero tolerance policy for violence, verbal aggression, drugs or alcohol. The Community Mentor will remove anyone found engaging in such activities.

## PARTICIPANT WAIVER OF RIGHT AND RELEASE

**PLEASE READ CAREFULLY.** This is a legal document. By agreeing to and signing this registration form you are giving up certain legal rights including the right to sue. you are also assuming certain obligations and risks. Notwithstanding precautions taken, accidents and unfortunate circumstances can occur and therefore this waiver of right and release must be agreed to and signed before you can participate in the program. If you do not understand this waiver of right and release, seek clarification from a legal advisor.

By signing this registration form, the participant(s) named below (or if a participant is under the age of 18, the participant's parent or guardian), acknowledge, consent and agree that, in consideration of being allowed to participate in the PLAY program:

- The named participant(s) is able to participate in the full range of activities and events, which may include but are not limited to games, leadership workshops, arts and crafts, and sports.
- The named participant(s) is able to go on supervised excursions outside program space/centre, which may include but are not limited to land-based activities, trips to theme parks, community/recreation centres, swimming pools, neighboring communities and university campuses.
- The named participant(s) is able to participate in surveys, provide feedback and share stories about their experience in the PLAY program.
- Certain Community Mentors and Right To Play staff members may, as a courtesy, provide transportation to and from the PLAY program for the named participant(s). I agree to assume all of the risks and responsibilities associated with such transportation, without any right to claim against Right To Play, its staff members, employees, directors, officers, agents, representatives, volunteers or the Community Mentor (the "**Releasees**") for any injury, loss or damages whatsoever the named participant(s) may suffer as a result of such transportation (including, but not limited to, personal injury, death or property damage).
- In the event of an accident, injury or illness affecting the named participant(s), the named participant(s) may receive emergency medical care by a first responder or health care professional. This may include notification of community paramedics or the administration of first aid by the Community Mentor, Right To Play staff, or other local staff/volunteers who may or may not have first aid training.

# PLAY PROGRAM PARTICIPANT REGISTRATION FORM

- In the event of an accident, injury or illness affecting the named participant(s), the Community Mentor and/or Right To Play staff may authorize all procedures, including admission to hospital and necessary treatment therein, as they may deem necessary or prudent for the care and well-being of the participant. Such action shall be taken only when immediate contact with the named Parent/Guardian cannot reasonably be made.
- I will not hold the Releasees responsible or liable for any injury, loss or damages, occurring to the named participant(s) during Right To Play activities, including but not limited to any injury, loss or damage which the named participant(s) may suffer as a result of first aid administered by the Community Mentor, Right To Play staff, or other local staff/volunteers.
- I recognize that participation in the PLAY program is at the risk of the named participant(s) and I agree to assume full responsibility for any injury, loss or damages which may occur to the named participant(s) in the course of their participation in the PLAY program.
- I hereby waive, release and forever discharge the Releasees from any and all actions, causes of actions, damages, lawsuits, claims, demands, costs, expenses and any other liability for any injury, loss or damages (including, but not limited to, personal injury, death or property damage) resulting directly or indirectly from the named participant(s) participation in the PLAY program.

## DIGITAL COMMUNICATION & MEDIA RELEASE

By checking the box on the next page, the participant (or participant's parent or guardian if participant is under the age of 18):

- Gives Right To Play and the Community Mentor permission to communicate program updates and deliver some or all of the program to the participant(s) through digital communication including social media.
- Authorizes Right to Play and Right To Play's partners (e.g. donors, sport organizations and training facilitators) to use photographs and/or video in which the participant(s) appears for marketing, promotional and educational purposes in any and all media including in printed and/or electronic media, including the Right to Play website and on social media.



# PLAY PROGRAM PARTICIPANT REGISTRATION FORM



## PARTICIPANT ONE

Participant's Full Name: \_\_\_\_\_

Participant's Birth Date: \_\_\_\_\_ Participant's Gender: \_\_\_\_\_

Participant's Health Card Number: \_\_\_\_\_

Special Medical Concerns/dietary restrictions: \_\_\_\_\_

☐ **YES** I consent that photographs or video taken at the PLAY program may be used for purposes as described above

☐ **NO** I do not want any photographs or video taken at the PLAY program to be used for purposes as described above

## PARTICIPANT TWO

Participant's Full Name: \_\_\_\_\_

Participant's Birth Date: \_\_\_\_\_ Participant's Gender: \_\_\_\_\_

Participant's Health Card Number: \_\_\_\_\_

Special Medical Concerns/dietary restrictions: \_\_\_\_\_

☐ **YES** I consent that photographs or video taken at the PLAY program may be used for purposes as described above

☐ **NO** I do not want any photographs or video taken at the PLAY program to be used for purposes as described above

## MAIN CONTACT

Parent/Guardian Full Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian Email Address: \_\_\_\_\_

## SECONDARY CONTACT

Full Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Relationship to participant(s): \_\_\_\_\_

By signing below, participant (or participant's parent or legal guardian, if participant is under the age of 18) agrees that participant may participate in the PLAY program and acknowledges having carefully read and understood this Form, and consents and agrees to its contents, including the Participant Waiver of Right and Release.

Participant Signature 1(if 18+): \_\_\_\_\_

Participant Signature 2(if 18+): \_\_\_\_\_

Parent/Guardian Signature (must be parent/guardian of each participant named above):

Date: \_\_\_\_\_

REGISTER ONLINE AT OLIVERRECREATION.CA OR CALL 2504984985



# YOUTH BASKETBALL

SEPT 23- NOV 25

**SATURDAYS**  
NEW DAY

JOIN SOSS COACH  
LOGAN CRIPPS FOR  
THE OPPORTUNITY TO  
DEVELOP  
FUNDAMENTAL  
BASKETBALL SKILLS;  
INCLUDING BALL  
HANDLING, SHOOTING,  
PASSING, MOVEMENT &  
FOOTWORK

MINI HOOPS  
GRADES 2-4

**\$100**

9:30-11:00AM

**No practice Sept 30 or Nov 11**

JUNIOR HOOPS  
GRADES 5-7

**\$100**

11:30-1:00PM

Sen Pok Chin Gym



Right to Play  
After-School program  
at SPC

**Where:** Sen Pok Chin Gym

**When:** September 6, 2023 – August 30, 2024

**Days:** Monday - Friday

**Time:** 3-5pm

**Cost:** \$0.00

**Eligibility:** An **OIB member**, living on **OIB Reserve Land** or attending **Sen-Pok-Chin Elementary**. Ages 6-12

**Activities:** Sport activities, arts & crafts, board game competitions, U-pick games, focus games, individual sport development, daily exercise, and guest speakers



**For registration information please contact:**

**Marvin Louie** - [mlouie@oib.ca](mailto:mlouie@oib.ca) or 250-498-6323/250-689-0169

Can pick up **registration forms** at OIB Youth Centre or Sen-Pok-Chin Elementary at the front desk

**RIGHT TO PLAY**  
WHEN CHILDREN PLAY, THE WORLD WINS.

**RIGHT TO PLAY**  
WHEN CHILDREN PLAY, THE WORLD WINS.



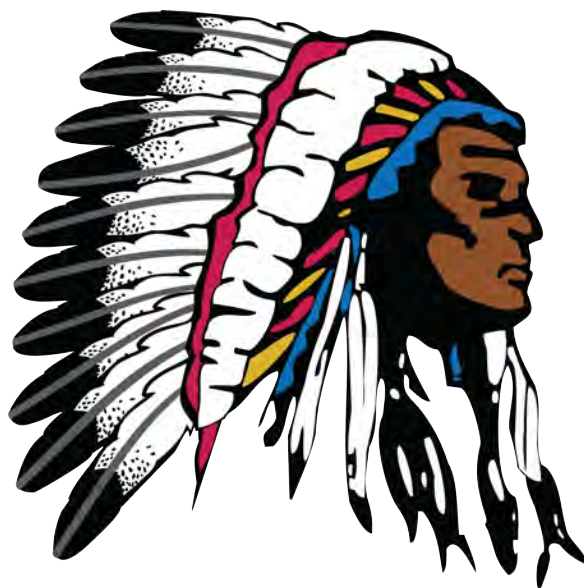
## OIB YOUTH CENTER/GYM SEPTEMBER SCHEDULE 2023

<b>Sunday</b>		Closed
<b>Monday</b>	Right to Play	<b>3:00-5:00PM</b>
<b>Tuesday</b>	Right To Play	<b>3:00-5:00PM</b>
<b>Wednesday</b>	Right To Play	<b>3:00-5:00PM</b>
	Youth Center/Gym	<b>5:00-8:00PM</b>
<b>Thursday</b>	Right To Play	<b>3:00-5:00PM</b>
<b>Friday</b>	Right To Play	<b>3:00-5:00PM</b>
	Youth Center/Gym	<b>5:00-8:00PM</b>
<b>Saturday</b>	Youth Center/Gym	<b>12:00-6:00PM</b>

**Youth Center is closed during stat-holiday's & community gatherings**

**(Unless otherwise stated)**

\*YOUTH CENTRE OPEN TO AGES 10+.....



# NK'MIP

{ I N K A M E E P }

CELLARS

*First Annual*

NATIONAL DAY FOR  
TRUTH & RECONCILIATION  
FUNDRAISING

*Gala*

Benefitting

**INDIAN RESIDENTIAL  
SCHOOL SURVIVORS  
SOCIETY**



Silent and live auctions, gourmet wine and food  
stations, live music, raffles and much more!

**SATURDAY, SEPTEMBER 30TH**

**6:30 - 9:30**

**VIP Reception 5:30**

**\$100 per person | \$150 VIP Entry**

Proudly Supported By



Thank you to all of our community sponsors and donors





SAVE THE DATE!

# ANNUAL GENERAL ASSEMBLY

AND ELDER YOUTH SUMMIT

**OCTOBER 3-4, 2023**

**snpintktn, Penticton**

Penticton Trade and Convention Centre

The Elder Youth Summit will be held in conjunction with the Annual General Assembly, hosted by the Penticton Indian Band.



**For more information contact:**  
Leasa Kennedy, Events Planner  
events@syilx.org or 250 707 0095 ext. 233  
[www.okanagannation.com](http://www.okanagannation.com)



**FUNDED EDUCATION!**



Interior Health

# HEALTH CAREER ACCESS PROGRAM

The Health Career Access Program (HCAP) is an initiative funded by the province to provide post-secondary education in the Health Care Assistant Certificate program. You will be *paid a full-time wage* while attending school!

----- FOR MORE INFORMATION -----

[HCAPRecruitment@InteriorHealth.ca](mailto:HCAPRecruitment@InteriorHealth.ca)



**SCAN ME**

**APPLY TODAY!**



# HEALTH CAREER ACCESS PROGRAM

Interior Health



❖❖ **FUNDED EDUCATION!** ❖❖

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You will be paid a *full-time wage* while attending school!

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[HCAPRecruitment@InteriorHealth.ca](mailto:HCAPRecruitment@InteriorHealth.ca)

**SCAN ME TO  
APPLY TODAY!**





**WE WILL RECOVER SOCIETY  
INVITES YOU TO JOIN US FOR**

**OLIVER I OSOYOOS**  
INTERNATIONAL  
**OVERDOSE**

AWARENESS DAY

— AUGUST 31 —

**Honouring those who have lost their lives to toxic  
drug poisoning and the families & friends left behind.**

**August 30**  
12pm - 8pm

- 12pm to 5pm** Join us as we raise our tipi and awareness in the park. Activities will include ribbon making, street decoration, harm reduction information, Narcan/Naloxone training, beading bracelets, painting photo boxes, feathers, and rocks, refreshments, guest speakers & music.
- 7pm** Join us in the tipi for our first official peer-led family support meeting for those who have been impacted by a loved one who uses or has used substances.

**August 31**  
**International Overdose Awareness Day**  
10am - 8pm



- Narcan/ Naloxone Training & Free Narcan Nasal Spray to attendees
- Guest Speakers • Resources & Referrals • Refreshments
- Crafting • 6pm Memorial Walk • Flameless Candlelight Vigil
- Music • Contests • Open Mic • Free Purple Ribbon Pins
- FREE painted photo memory box gifting to bereaved families
- Paint a purple handprint on the tipi in honor of your loved one

**LOCATION:**

Oliver Parks & Recreation (East Field)  
6359 Park Dr, Oliver, BC V0H 1T0



For more information, contact  
us at [info@wewillrecover.ca](mailto:info@wewillrecover.ca)  
or call 403.333.4147





## Measles, Mumps, Rubella and Varicella (MMRV) Vaccine

**Keep your child safe.  
Get all vaccines on time.**

By getting all vaccines on time, your child can be protected from many diseases over a lifetime.

Immunization has saved more lives in Canada in the last 50 years than any other health measure.

### What is the MMRV vaccine?

The MMRV vaccine protects against measles, mumps, rubella and varicella (chickenpox). The vaccine contains weakened forms of the measles, mumps, rubella and varicella-zoster viruses that do not cause disease. The vaccine is approved by Health Canada.

The MMRV vaccine is provided free as part of your child's routine immunizations. Call your health care provider to make an appointment.

### Who should get the vaccine?

The MMRV vaccine is given as one dose to kindergarten age children starting at age 4. Most of these children would have received one dose each of MMR and varicella vaccines as separate injections on or after their 1<sup>st</sup> birthday. The dose of MMRV vaccine provides additional protection for your child against measles, mumps, rubella and varicella. The MMRV vaccine may also be given as a series of 2 doses to children 4 to 12 years of age who have not been immunized against these diseases.

### What are the benefits of getting the vaccine?

The vaccine is the best way to protect against measles, mumps, rubella and varicella which are serious and sometimes fatal diseases. When you get your child immunized, you help protect others as well.

### What are the possible reactions after the vaccine?

Vaccines are very safe. It is much safer to get the vaccine than to get measles, mumps, rubella or varicella.

Common reactions to the MMRV vaccine may include soreness, redness and swelling where the vaccine was given. A mild fever, swelling in the cheeks or neck, and a rash that looks like measles, rubella or chickenpox may

occur about 1 to 2 weeks after the vaccine. Very rarely, a person who develops a chickenpox-like rash after being immunized can spread the virus from the vaccine to others. To prevent spreading the virus to others the rash should be covered until the blisters have dried and crusted over.

More serious reactions may include a temporary drop in the blood cells that help prevent bleeding (about 1 child in 30,000) and encephalitis, an inflammation of the brain (about 1 child in 1 million). The possibility of getting encephalitis from measles is about 1 in 1,000, which is much higher than from the vaccine. The risks of these serious reactions following MMRV vaccine have not been established but are expected to be similar to the risks reported above for MMR vaccines.

Acetaminophen (e.g. Tylenol®) or ibuprofen\* (e.g. Advil®) can be given for fever or soreness. ASA (e.g. Aspirin®) should not be given to anyone under 18 years of age due to the risk of Reye Syndrome.

\*Ibuprofen should not be given to children under 6 months of age without first speaking to your health care provider.

For more information on Reye Syndrome, see [HealthLinkBC File #84 Reye Syndrome](#).

It is important to stay in the clinic for 15 minutes after getting any vaccine because there is an extremely rare possibility, less than 1 in a million, of a life-threatening allergic reaction called anaphylaxis. This may include hives, difficulty breathing, or swelling of the throat, tongue or lips. Should this reaction occur, your health care provider is prepared to treat it. Emergency treatment includes administration of epinephrine (adrenaline) and transfer by ambulance to the nearest emergency department. If symptoms develop after you leave the clinic, call 9-1-1 or the local emergency number.

It is important to always report serious or unexpected reactions to your health care provider.

### Who should not get the vaccine?

Speak with your health care provider if your child:

- had a life-threatening reaction to a previous dose of a measles, mumps, rubella or varicella vaccine, or any



component of the vaccine including neomycin and gelatin;

- has an immune system weakened by disease or medical treatment;
- had a blood transfusion or received other blood products within the past 12 months;
- had a drop in platelets, the blood cells that help prevent bleeding, after getting a previous dose of MMR or MMRV vaccine without another cause being identified;
- has active untreated tuberculosis; or
- is pregnant.

There is no need to delay getting immunized because of a cold or other mild illness. However, if you have concerns speak with your health care provider.

### **What are measles, mumps, rubella and varicella?**

Measles, mumps, rubella and varicella are diseases caused by viruses. The viruses are easily spread through the air when an infected person coughs or sneezes. You can become infected when you breathe in air or touch a surface contaminated with virus. The viruses can be spread through contact with an infected person's saliva such as by sharing food, drinks or cigarettes, or by kissing. Varicella can also be spread by contact with fluid from the varicella blisters.

**Measles**, also known as red measles, causes fever, rash, cold-like symptoms and red, inflamed eyes that can be sensitive to light. It can lead to infections of the ear or lungs (pneumonia). More serious complications, occurring in 1 person in 1,000, include encephalitis, an inflammation of the brain. This can lead to seizures, deafness or permanent brain damage. About one person in 3,000 with measles can die from complications.

**Mumps** causes fever, headaches, and swelling of the salivary glands and cheeks. More serious complications include encephalitis. About 1 in 20 people with mumps get mumps meningitis, an infection of the lining of the brain. Mumps can also cause temporary deafness. Permanent deafness occurs in less than 1 in 20,000 people with mumps. About 1 in 4 adult men and teenage boys develop painful swelling of the testicles.

**Rubella**, also known as German measles, can cause serious complications and birth defects in an unborn baby including deafness, eye problems, heart defects, liver damage, and brain damage. This is called Congenital Rubella Syndrome. It occurs in about 9 out of 10 babies born to women who become infected with the virus in the first 3 months of their pregnancy. Rubella can also cause miscarriage or stillbirth.

**Varicella** (chickenpox) is an infection caused by the varicella-zoster virus. Children with chickenpox can have on average 350 red, itchy blisters. Infection in newborns, teenagers, adults, pregnant women and those with weakened immune systems is more severe.

Complications from chickenpox include pneumonia, encephalitis, and bacterial infections of the skin. Encephalitis can lead to seizures, deafness or brain damage. About 1 in 3,000 adults will die from the infection.

Infection early in pregnancy can result in a baby being born with birth defects. This is known as congenital varicella syndrome (CVS). Although this complication is rare, affected children may be of low birth weight, have scarring of the skin and problems with their limbs, eyes and brain. Chickenpox can also cause miscarriage or stillbirth.

These diseases are now rare in B.C. because of routine childhood immunization programs.

### **Mature Minor Consent**

It is recommended that parents or guardians and their children discuss consent for immunization. Children under the age of 19, who are able to understand the benefits and possible reactions for each vaccine and the risk of not getting immunized, can legally consent to or refuse immunizations. For more information on mature minor consent see [HealthLinkBC File #119 The Infants Act, Mature Minor Consent and Immunization](#).

### **For More Information**

For more information on measles, mumps, rubella and varicella, see the following HealthLinkBC Files:

- [HealthLinkBC File #14a Measles, Mumps, Rubella \(MMR\) Vaccine](#)
- [HealthLinkBC File #14b Measles](#)
- [HealthLinkBC File #14c Mumps](#)
- [HealthLinkBC File #14d Rubella](#)
- [HealthLinkBC File #44a Facts About Chickenpox](#)
- [HealthLinkBC File #44b Chickenpox \(Varicella\) Vaccine](#)

For more information on immunizations visit ImmunizeBC at <https://immunizebc.ca/>.



ImmunizeBC



BC Centre for Disease Control  
An agency of the Provincial Health Services Authority



## Tetanus, Diphtheria, Pertussis, Polio (Tdap-IPV) Vaccine

**Keep your child safe.  
Get all vaccines on time.**

By getting all vaccines on time, your child can be protected from many diseases over a lifetime.

Immunization has saved more lives in Canada in the last 50 years than any other health measure.

### What is the Tdap-IPV vaccine?

The Tdap-IPV vaccine protects against 4 diseases:

- Tetanus
- Diphtheria
- Pertussis (whooping cough)
- Polio

The vaccine is approved by Health Canada and is provided free as part of your child's routine immunizations. Call your health care provider to make an appointment.

### Who should get the Tdap-IPV vaccine?

The vaccine is given as one dose to children at 4 to 6 years of age. This is a booster dose for children who were immunized against tetanus, diphtheria, pertussis and polio at a younger age. The booster dose strengthens or boosts the immune system to give better protection against these diseases.

The vaccine is also provided free to older children and adults who need protection against tetanus, diphtheria, pertussis and polio. For more information see the following HealthLinkBC Files:

- [HealthLinkBC File #105 Diphtheria, Tetanus, Pertussis, Hepatitis B, Polio, and Haemophilus Influenzae Type b \(DTaP-HB-IPV-Hib\) Vaccine](#)

- [HealthLinkBC File #15b Diphtheria, Tetanus, Pertussis, Polio, Haemophilus influenzae Type b \(DTaP-IPV-Hib\) Vaccine](#)

It is important to keep a record of all immunizations received.

### What are the benefits of Tdap-IPV vaccine?

The Tdap-IPV vaccine is the best way to protect against diphtheria, tetanus, pertussis, and polio, which are serious and sometimes fatal diseases.

When you get your child immunized, you help protect others as well.

### What are the possible reactions after the vaccine?

Vaccines are very safe. It is safer to get the vaccine than to get the disease.

Common reactions to the vaccine may include soreness, redness and swelling where the vaccine was given. Fever, chills, headache and fatigue may also occur. These reactions are mild and generally last 1 to 2 days. Large areas of redness and swelling may be present but these generally do not interfere with normal activity.

Acetaminophen (e.g. Tylenol®) or ibuprofen\* (e.g. Advil®) can be given for fever or soreness. ASA (e.g. Aspirin®) should not be given to anyone under 18 years of age due to the risk of Reye Syndrome.

\*Ibuprofen should not be given to children under 6 months of age without first speaking to your health care provider.

For more information on Reye Syndrome, see [HealthLinkBC File #84 Reye Syndrome](#).



It is important to stay in the clinic for 15 minutes after getting any vaccine because there is an extremely rare possibility, less than 1 in a million, of a life-threatening allergic reaction called anaphylaxis. This may include hives, difficulty breathing, or swelling of the throat, tongue or lips. Should this reaction occur, your health care provider is prepared to treat it. Emergency treatment includes administration of epinephrine (adrenalin) and transport by ambulance to the nearest emergency department. If symptoms develop after you leave the clinic, call **9-1-1** or the local emergency number.

It is important to always report serious or unexpected reactions to your health care provider.

### Who should not get the Tdap-IPV vaccine?

Speak with your health care provider if you or your child has had a life-threatening reaction to a previous dose of a tetanus, diphtheria, pertussis or polio vaccine, or any component of the vaccine, including neomycin, polymyxin B, or streptomycin. The vaccine is not given to children under 4 years of age.

People who developed Guillain-Barré Syndrome (GBS) within 8 weeks of getting a tetanus vaccine, without another cause being identified, should not get the Tdap-IPV vaccine. GBS is a rare condition that can result in weakness and paralysis of the body's muscles. It most commonly occurs after infections, but in rare cases can also occur after some vaccines.

There is no need to delay getting immunized because of a cold or other mild illness. However, if you have concerns, speak with your health care provider.

### What are Tetanus, Diphtheria, Pertussis, and Polio?

**Tetanus**, also known as lockjaw, is caused by bacteria mostly found in the soil. When the bacteria enter the skin through a cut or scrape, they produce a poison that can cause painful tightening of muscles all over the body. It is very serious if the breathing muscles are affected. Up to 1 in 5 people who get tetanus may die.

**Diphtheria** is a serious infection of the nose and throat caused by diphtheria bacteria. The bacteria are spread through the air by people sneezing or coughing and by direct skin-to-skin contact. The disease can result in very serious breathing problems. It can also cause heart failure and paralysis. About 1 in 10 people who get diphtheria may die.

**Pertussis**, also known as whooping cough, is a serious infection of the airways caused by pertussis bacteria. Pertussis can cause pneumonia, seizures, brain damage or death. These complications are seen most often in infants. The bacteria are easily spread by coughing, sneezing or close face-to-face contact. Pertussis can cause severe coughing that often ends with a whooping sound before the next breath. This cough can last several months and occurs more often at night. About 1 in 170 infants who get pertussis may die. For more information about pertussis, see [HealthLinkBC File #15c Pertussis \(Whooping Cough\)](#).

**Polio** is a disease caused by infection with a virus. While most polio infections show no symptoms, others can result in paralysis of arms or legs and even death. Paralysis occurs in about 1 in 200 people infected with the polio virus. Polio can be spread by contact with the bowel movements (stool) of an infected person. This can happen from eating food or drinking water contaminated with stool.

Tetanus, diphtheria and polio are now rare in B.C. because of routine childhood immunization programs. Whooping cough still occurs but is much less common than it used to be and is much milder in immunized people.



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